

# 2024-2025 TECHNICAL PACKAGE

FOR TERRITORIAL CROSS COUNTRY SKI EVENTS

- 1. POPULAR CROSS-COUNTRY SKI EVENTS (LOPPETS) (TIER 3)
  - 2. YUKON CROSS COUNTRY SKI CHAMPIONSHIPS

#### Introduction

This Technical Package document outlines the responsibilities of Cross Country Yukon (CCY) and its affiliate members hosting cross country ski events in the Territory.

Tier 3 events are events that do not qualify as Tier 1 or Tier 2 Nordiq Canada events, that are open to participants who are **not members** of the host club and for which **more than \$5 per participant** is collected (before processing fees).

Examples of Tier 3 events include the Marsh Lake Loppet, Yukon Ski Marathon, Don Sumanik Memorial Race. More information is available <a href="here">here</a> (Races: Tier 3 License FAQ; Policies: Competition Sanctioning Policy).

## 1. Popular Cross-Country Ski Events (Loppets/Tier 3)

Tier 3 events are organized by affiliate clubs and are sanctioned by the **CCY Division Officials Coordinator (DOC).** 

## 1.1 Sanctioning

Tier 3 Event sanctioning requirements are:

### The club's Organizing Committee Chair must:

- 1) Complete the Nordig Canada Tier 3 Event Sanction online form.
- 2) Sanctioning requests must be submitted not less than three weeks in advance.
- 3) Tier 3 ski events are to be run in accordance with current Nordiq Canada Competition Rules and Regulations (CRR).
- 4) Sanctioning requests must be electronic through Zone4.
- 5) There is a mandatory \$3 fee per participant per race that must be included on the Zone4 registration form even if an athlete holds an active and current CPL license.
- 6) For the 2024-25 race season, CCY will not charge a sanctioning fee for Yukon events.
- All participants must also sign an Informed Consent and Assumption of Risk Agreement.



#### **Officials and Organizing Committees**

All Tier 3 events are required to have a minimum of one official who has a current and active L1 license and who has completed the required *Safe Sport Training and Understanding the Rule of Two* courses. The L1 course is offered online through <a href="https://example.com/html/>
The Locker.">Locker</a>.

It is strongly recommended that the event Organizing Committee be familiar with <u>Nordig</u> <u>Canada's Officials Manual.</u>

Organizing Committees are encouraged to reach out to the DOC for support. The DOC can facilitate communication with Nordiq Canada if questions arise.

## 1.2 Categories and Formats

Each Organizing Committee develops their own race formats to best meet the needs of their event. However, committees are strongly encouraged to take the athlete development pathways into consideration.

## 1.3 Cold Weather Policy

The Canadian Competition Rules: Precision 2024 regarding cold temperature must be followed:

- If the temperature is forecast to be between minus 15° C and minus 25° C at any point
  on the course, recommendations regarding cold weather protection should be made
  available to the participants. Under such conditions it is the responsibility of the
  participants to seek the information and to follow the recommendations given by the
  organizer.
- If the temperature in a major portion of the course is-25C or below, the competition shall be delayed or canceled.

#### 1.4 Other

For other aspects of the race organization (such as Race Notice, Cancellation, Communication, Waxing Protocol, TD reporting), Organizing Committees are encouraged to follow guidelines for the Yukon Championship.



## 2. Yukon Championships

## 2.1 Sanctioning

The Yukon Championships will be sanctioned as a Tier 3 event and organized to reflect a Tier 2 event that is primarily for the Train to Train (T2T) to Learn to Compete 2 (L2C-2) development stages but CPL points will not be issued nor are Nordic Canada Race License or Development Licenses required for event participation.

## 2.2 Age Categories

The age categories for the 2024-2025 race season

Category	Year of Birth
U8 B/G	2017 - 2018
U10 B/G	2015 - 2016
U12 B/G	2013 - 2014
U14 B/G	2011 - 2012
U16 B/G	2009 - 2010
U20 M/W	2005- 2006
Senior M/W*	2004 - and earlier
Masters M/W	1994 and earlier

<sup>\*</sup>Open and U23 M/W has been combined with Senior to increase competitive field

#### Note

Racing up one age category is permitted, however, ski ability /development (including the ability to complete the course unassisted by an adult on course), age category course, weather must be taken into consideration by the parent/ coach when an athlete is skiing up.



<sup>\*\*</sup>Special Olympic categories will be developed in consultation with the Special Olympics Nordic coaches

## 2.3 Technical Delegate

- The Technical Delegate (TD) will be delegated by Cross Country Yukon (CCY) and is the guarantor that the competition will be run according to Nordiq Canada (NC) Rules and Regulations.
- The TD is responsible for organizing the work of the Jury.
- The TD must advise and assist the organizers in a helpful manner to conduct a safe and fair competition
- The TD must submit a report on activities and areas that need improvement.

#### 2.4 Race Notice

- The draft Race Notice should be available six (6) week in advance for the event for the purposes of feedback and finalizing. It should be finalized four (4) weeks prior to the event and will be posted on Zone4 and available in pdf for promotion.
- The Organizing Committee is responsible for leading the drafting the race notice in close coordination of the Chief of Competition. While the Competition Secretary generally leads the drafting it can be undertaken by any member of the Organizing Committee
- In general, the following items will be included:
  - o Date(s) and location of the event
  - o Alternate date(s) and site(s) in the event of cancellation (if applicable)
  - o Itinerary of event significant And identification of key dates (i.e, registration closure, late registration fee
  - Registration dates and fees
  - o Cancellation Policy and Procedures on fees and informing registrants
  - o Wax policy and /or protocol
  - o Events by technique and distances for each age category
  - o Awards (if applicable)
  - o Link to Zone 4 registration form and event page

## 2.5 Race Cancellation

- Race cancellations are decided by the race jury.
- Race cancellations will be according to the following conditions and procedures:
- Lack of snow or unsafe conditions: if there is a lack of snow or unsafe conditions the Competition Jury in consultation with the Chief of Course can make the decision as early as three (3) days in advance of the event.
- Weather conditions: cancellation of an event due to forecasted cold may be made as early as three (3) days before the start of the event by the Competition Jury.



- o It is recommended that if the forecast does not appear to improve the, the cancellation should be made prior the distribution of race bibs on the race day.
- The Competition Jury may delay the start time or shorten the race distances.

#### 2.6 Communication

- Event/ Race updates will be sent to registered racers using the email that has been provided through Zone4.
- Communication will be sent as needed but racers, parents and coaches are encouraged to check the Competition Event Page regularly.
- For youth athletes involved in Squad, Biathlon or JDP they may also receive updates through their coaches, however, the most current and accurate information regarding the race will always be communicated through Zone4
- If safety conditions warrant, a last-minute race technique and / or distance change is acceptable with the approval of the TD.

## 2.7 Waxing Protocol

- Structure tools are permitted.
- Non-fluoro (NF) waxes ARE permitted
- Fluorinated waxes or tuning products containing fluorine liquid are NOT permitted at the Yukon Championships for all age categories. This includes all types of fluorinated glide wax (e.g., LF, HF, block, powder, liquid, or kick wax).

#### 2.8 Fees

Entry fees are as the following table:

Categories*	Yukon Championship
U8 – U12**	TBD
U14 – U18	TBD
U20, Senior & Masters	TBD

<sup>\*</sup>Fees include the mandatory \$3 NC Tier 3 license fee



Registrants will be responsible for the processing fees applied at the time of payment by Zone4.

Race fees for CCY Squad, Biathlon and WCCSC Junior Development Program will be facilitated through the programs.

Late registrations may be allowed and will be determined on a case-by-case basis by the Competition Secretary in consultation with the Chief of Competition.

## 2.9 Cold Temperature

- The race jury will decide about race cancellations and alterations due to cold temperature.
- -15.0°C cut off for U8 B/G, U10 B/G, U12B/G
- -20.0°C for all other categories as per NC rule 303.2.2 without the wind factor. The Competition Jury will use the temperature taken by Environment Canada at the Erik Nielsen Airport and posted on the Environment Canada website.
- With air temperature colder than 20.0°C without the wind factor and competition distances less than or equal to 15 km, the race must be postponed or cancelled.
- With competition distances greater than 15 km and temperature colder than -18.0°C without wind factor, the race course may be modified, postponed or cancelled, this decision will be made by the Competition Jury in consultation with CCY Head Coach.

### 2.10 Course Selection at Whitehorse Nordic Centre

The FIS homologated courses at the Whitehorse Nordic Centre are the preferred options for U14 and older categories, while skills based courses for U12 and under are encouraged. However, creating courses that are dynamic and creative are also encouraged.



#### 2.11 Distances

The distances below reflect <u>Nordiq Canada's LTAD-aligned Competitor Model</u> for developing athletes. The core notion of the LTAD concept is that competition organizers recognize that young and growing athletes have very specific needs of skiers from infancy to adulthood.

Category	Classic / Free - km
U8 B/G	0.5 to 1.0*
U10 B/G	1.0 to 1.5*
U12 B/G	1.5 to 3.0*
U14 B/G	3.0 to 5.0
U16 B/G	5.0 to 10
U20 M/W	5.0 to 15
Senior (Open / U23) M/W	3.0 to 20
Masters M/W	7.5 to 15

<sup>\*</sup>Categories may not have numbered bibs and may not have individual timed results.

#### **Notes**

- Consideration should be given to gender-equal race distances whenever it makes sense and where safe and fair competition can be assured.
- The U20, U23 and Senior (Women and Men) categories should always ski the same distance to allow for comparison of athletes at the College/University racing level.

## 2.12 Starting and Seeding

- Bibs will not be issued without fees being paid and race entry form, including waiver completed using the event registration form on Zone 4.
- Athletes will be responsible for the replacement fee (\$100) for any lost or non-returned timing chips.
- Race order will be developed with the temperature forecasted as the primary indicated, typically this means that U8, U10 and U12 categories will start in the middle of the day when the temperatures are the warmest but this may vary.

#### 2.13 Awards

TBD

