

## Cold Weather Policy

*Last updated: December 2025*

	-22 to -25 C		-26 to -30 C		below -30C
	<i>Duration</i>	<i>Practice time</i>	<i>Duration</i>	<i>Practice time</i>	
Orange	1hr	weekdays: 4:30-5:30pm Saturdays: 11:30am - 12:30pm	no practice		no practice
Purple	no change		1hr	weekdays: 4:30-5:30pm Saturdays: 11:30am - 12:30pm	
Green					
Blue					

*Based on Environment Canada air temperature (not windchill) recorded at 2:15pm on weekdays and 10:15am on weekends.*

*Decisions about practice time will be sent out through TeamSnap.*

